CAREERS INFORMATION

MTU
Ollscoil Teicneolaíochta na Mumhan
Munster Technological University

CAREER PLANNING PROCESS

KNOWING SELF

- Self-awareness: Foundation of Career Planning Process
- Personal SWOT Analysis
- Qualities, Skills & Competencies

EXPLORING OPTIONS

- Knowledge of roles, companies & sectors
- Reflect on your skills, development areas, motivators v's potential roles

TAKING ACTION

- Job search skills
- Using online tools e.g LinkedIn
- Tailor CV specific to the role

GETTING FOCUSSED

- Decision-making process
- Update your CV

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